Learn more at 3m.com/dentalcements

Cement selection made easy.

| | RelyX [™] Ultimate Adhesive Resin Cement | 3M™ RelyX™ Unicem 3M™ RelyX™ Unicem 2 Self-Adhesive Resin Cement | RelyX [™] Luting Plus Resin Modified Glass Ionomer Cement | RelyX [™] Veneer Cement |
|-------------------------------|---------------------------------------------------------|---------------------------------------------------------------------------|--------------------------------------------------------------------------|-------------------------------------|
| Metal/Metal Based | | | | |
| Inlays/Onlays | + | ++ | + | - |
| Crowns/Bridges | + | ++ | ++ | - |
| Endodontic Posts | + | ++ | ++ | - |
| Maryland Bridges | ++ | + | - | - |
| On Implant Abutments | + | ++ | ++ | - |
| Glass Ceramics (incl. Li. Dis | ilicate) (e.g. e.max®, V | ITA Mark II, IPS Empress 2) | | |
| Inlays/Onlays/Table Tops | ++ | + | - | - |
| Crowns/Bridges | ++ | ++ | - | - |
| Veneers | + | - | - | ++ |
| On Implant Abutments | + | + | - | - |
| Oxide Ceramics (e.g. Lava™ | Plus, Brux Zir®, Procer | a®) | | |
| Inlays/Onlays | ++ | ++ | + | - |
| Crowns/Bridges | + | ++ | + | - |
| Endodontic Posts | + | ++ | + | - |
| Maryland Bridges | ++ | + | - | - |
| On Implant Abutments | + | ++ | ++ | - |
| Resin Nano Ceramics (e.g. L | .ava™ Ultimate CAD/C | AM Restorative) | | |
| Inlays/Onlays | ++ | - | - | - |
| Veneers | + | - | - | ++ |
| Resin Composites | | | | |
| Inlays/Onlays | ++ | + | - | - |
| Crowns | ++ | ++ | - | - |
| Endodontic Posts | + | ++ | - | - |
| Veneers | + | - | - | ++ |
| On Implant Abutments | ++ | ++ | | _ |

⁺⁺ Highly recommended* + Recommended - Not indicated

^{*} Either better performance for this indication or easier handling with equal performance.

Science. Applied to Life.™

Zirconia Crown Cementation



Simple steps using 3M™ ESPE™ RelyX™ Unicem 2 Automix Self-Adhesive Resin Cement

Prepare restoration.

(1) Tip: If sandblasting is done in

saliva contamination with

acid for cleaning.

laboratory before try-in, clean

NaOCI (ca. 5%) and rinse with

water. Do not use phosphoric

Step 1 Sandblast the restoration with aluminum oxide after try-in (Max 2 bar or 30 PSI, particle

size $\leq 40 \mu m$).

Step 2

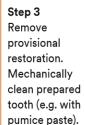
Clean with

alcohol and

air dry with

oil-free air.







Tip: Make sure any residue (temporary cement, desensitizers, astringents, disinfectants, etc.) is completely removed. Do not use H₂O₂, EDTA or Na₂CO₃.

Pretreat tooth.

Step 4 Discard a small amount of cement onto

the mix-pad to ensure a perfect mix.

Step 5

the crown.



Apply cement and seat.

Step 6 Firmly seat the crown with finger pressure.



Clean up.

Step 7 Tack cure for 1-2 seconds.



20 seconds per surface or wait 6 minutes from start of mix for dark cure. Finish and polish as needed.

Light cure for

Step 9



Final cure.

Finished crown.



Step 8 Remove excess cement with a scaler while holding the crown in place.



Tip: Do not exceed recommended tack cure time, otherwise clean up will be difficult. For a controlled curing time, use Elipar™ S10 LED Curing Light or Elipar™ DeepCure-S LED Curing Light tack curing function.





Prepare restoration.

Step 1

Etch with hydrofluoric acid after try-in.



Step 6

Remove provisional restoration. Mechanically clean prepared tooth (e.g. with pumice paste).



Step 11

Discard a small amount of cement onto the mix-pad to ensure a perfect mix.



Clean up.

Step 14 Tack cure for 1-2 seconds.



Step 2 Rinse with water.



Step 7 (Optional)

(Total) Etch with phosphoric etching gel, rinse with water and lightly air dry with oil-free air.



Step 12

Dispense cement directly into the crown.



Tip: Do not exceed recommended tack cure time, otherwise clean up will be difficult. For a controlled curing time, use Elipar™ S10 LED Curing Light or Elipar™ DeepCure-S LED Curing Light tack curing function. Alternatively, remove excess in soft stage and apply glycerin gel before final cure to avoid

oxygen inhibition layer.

Step 3 Air dry with oil-free air.



(1) Tip: Make sure any residue (temporary cement, desensitizers, astringents, disinfectants, etc.) is completely removed. Do not use H_2O_2 , EDTA or Na_2CO_3 .

Pretreat tooth.



Firmly seat the crown with finger pressure.



Step 4

Apply Scotchbond™ Universal Adhesive to the bonding surface and rub it in for 20 seconds.

(1) Tip: Cover-up prepared crown with an

inserted (to avoid unintentional light

curing taking place).

orange colored daylight screen until it is





Step 15

Remove excess cement with a scaler while holding the crown in place.



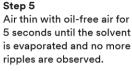
Step 16

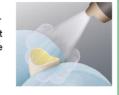
Light cure for 20 seconds per surface or wait 6 minutes from start of mix for dark cure. Finish and polish as needed.











Step 9

Air thin with oil-free air for 5 seconds until the solvent is evaporated and no more ripples are observed. Avoid pooling.



Step 10 (Optional)

Light cure Scotchbond™ Universal Adhesive for 10 seconds.



Finished crown.



Glass Ceramic Crown Cementation